By Chuck Vandenberg
PCC Editor

Lee County Sheriff Stacy Weber has begun using Facebook in Denmark as part of the department’s direct patrol activities Sunday evening.

Lee County Deputy Tommy Oberman issues a citation to a motorist in Denmark as part of the department’s direct patrol activities Sunday evening. Lee County Sheriff Stacy Weber has begun using Facebook for citizens to request where they’d like to see this type of patrol being done.

Sheriff’s dept. uses Facebook to find hot spots

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Childress gives new meaning to “tune up” with body tuner

I met Michael Childress at an Art-in-the-Park in Ft. Madison. His display was set up across from mine with a group of artists called Artist Trax Studio. We were both displaying metal art, however, mine was the rusty-junk kind, his was shiny, brushed aluminum.

Michael Childress stands in front of his Body Tuning Table which he built. The pacienteous lying on the table, Michael gets under it, and plays musical notes on four piano wires attached to the underside of the table. The vibrations and musical notes make for quite a unique massage. His largest piece didn’t look like art to me. It looked more like a bed, a bed made of brushed aluminum. Art is in the eyes of the beholder. I noticed he invited passersby to lie down on the bed, then he would get under the bed and perform some type of massage, a musical, vibrating massage. We need to think about the ‘social’ in ‘social media’

There was some Facebook chatter over the weekend from a sitting city councilman about the Fort Madison football team not being on the field for the national anthem Friday at Solon.

First and foremost, I’ve gotten to know head coach Tony Shiffman pretty well over the past four months. Any question to his, or that football team’s, inclinations should have triggered a phone call...at minimum...to a school official before posting something that incendiary, especially five weeks from an election. This incident amounted to officials controlling the schedule for when teams take the field before a game. Fort Madison wasn’t on the field when the national anthem was played, but, as is the case in most games, the away team and sometimes the home team just hasn’t taken the field yet.

For the record, I asked Shiffman in week 2 about the team carrying the American flag onto the field for the Central Lee game. I wondered if it was some type of 9-11 tribute or something. I had just never seen it before and thought it was a thoughtful, patriotic move.

To put this whole thing to rest, Shiffman’s response was the ultimate in patriotism. “It’s just something we wanted to do. This is such a great country.” That team didn’t sit out of the National Anthem Friday. Facebook is viral and instantaneous and must be given that consideration.

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The post from Councilman Brian Wright was pulled down in less than an hour. Wright replied “WOW” and then asked if it was true that the Fort Madison team wasn’t on the field for the anthem and hoped it wasn’t true. The Hounds weren’t on the field for the anthem, because they were instructed to not be on the field at that time, a usual and customary protocol. Wright, however issued an apology within the hour after clarification was made to him via the post.

The post prompted responses from Shiffman and assistant coach Derek Doherty explaining the situation, and then triggered a lot of replies to Wright’s post as well as Doherty’s and Shiffman’s. Wright’s quick apology thanked Doherty for the clarification.

“It takes a bigger man to admit wrong and apologize. In the case of the Bloodhound football team supposedly not coming out for a national anthem, I was wrong and apologize. I posed what happened supposedly and asked for clarification. I got clarification. Thank you to the Hounds for supporting our national anthem!” Wright posted about 30 minutes after the original post.

This was not an suppression, it was an admission for which, it seems, several people are to blame.

Wright’s apology was absolutely the right thing to do, but how many of Councilman Wright’s 1,832 friends read that post and drew a conclusion? Several posts scolded Wright for not looking into the situation a bit more carefully before posting. Wright compared the reaction to reactions Donald Trump gets with his Tweets on a daily basis. Rep. Dave Loebsack, a usual legislator has asked for Trump to stop Tweeting because it’s damaging to America’s image and reputation.

But this is the very reason why this issue of how people are conducting themselves during the national anthem, manifested by the media or not, is such a hot issue right now. It’s extremely emotional for almost everyone and quick reactions sometimes are ill-advised. Wright is very visible on Facebook and has used it on several occasions to gauge the city’s reaction to issue after issue. In this case, emotions ran high again. Shiffman’s here to preach and build a football program and odds are he won’t be derailed, but the lesson maybe in bit more caution before asking a question in front of 1,800 plus readers. I certainly have to respect the 3,000 plus we write for.

We have problems in this country for sure. I don’t know if my daughter with Type I diabetes will have health care in the state next year. I really don’t. That things a mess. North Korea, Russia and even China pose dangerous threats. Our treatment of one another is precarious, and I say that because just yesterday I saw men holding doors for other men and people helping people with groceries and people saying hello to each other at businesses and football games. People are inherently good. But that’s in my home corner of southeast Iowa. When I visited my daughter in New York City, it was different...cold. You could hold a door but probably not a good idea to start a conversation - Midwestern style - with a stranger in a park. A bit uncomfortable on their end...mostly because you’re interrupting an important text session, but probably because they expect you stick to your own in that environment.

I don’t know folks... we’re all Americans and we filter information daily based on our beliefs, our emotions and our experiences. Our experience and belief is that we are a country of freedoms and choices. That’s what has us so the envy, and...scourge...of many other countries. Our veterans have fought and died for our freedom’s and at times, yes, for the actual red, white, and blue fabric that hangs from our office buildings, ballparks, schools and homes. And this country does a horrible job taking care of veterans by the way. I just read an article about a staffer at the Iowa VA office who quit due to working conditions, was denied unemployment benefits and then won them on appeal, specifically because of the treatment they received. We have to do better.

I recite the Pledge of Allegiance, I sing the national anthem sometimes quietly in a small crowd, sometimes louder in bigger stadiums (you do not want to hear me sing) and sometimes to myself....and my bat comes off and my hand covers my heart every time. But not because it’s a law. It’s not. It’s a choice. It’s my choice. And the freedom to make that choice is what we’ve been fighting for for the past 242 years. Speaking of emotional issues, Tom Rinaldi, a reporter for ESPN, took time on College Game Day Saturday to have the fans gathered at the Game Day location wave, through the ESPN camera’s to the children in the Stead Family Children’s Hospital on the campus of the University of Iowa. This just keeps getting better and better.

But that’s Beside the Point.
massage. My curiosity was aroused. I sidled over for a closer look. Michael is quite friendly and articulate. He invited me to lie down on his Body Tuning Table for a massage. What the heck? There was a pain right between my shoulder blades from all the lifting of my heavy sculptures. Actually, there is some degree of pain in my back most of the time and I’m a great user/abuser of ibuprofen. Michael got under the bed and began twanging on four piano strings he has stretched on the underside of the bed. A musical vibration came up through the structure and through my body. It seemed to focus on the tight muscles between my shoulder blades. He twanged a long, low note that trickled off into a sharp trill. The pain in my back followed the vibrating note up and out of my body. I looked up into the leaves of a tree which the bed was under. I was so relaxed that I dozed off into a heavier trance. I was so relaxed that which the bed was un

I had to know more. Michael Childress invented and built this Body Tuning Table. He is a welder at a local manufacturing facility in Ft. Madison, a former massage therapist, and a member of a band. He knows how music and vibration/massage can work together to change moods and alter the physical body. Every human body has a frequency that can vary depending on circumstances. He finds that frequency, plays to it, and massages it. He came up with the idea of combining vibrating musical tones with massage after his massage table broke down and he had to repair it. Voila! The Body Tuning Table. He has applied for a patent for his invention and is looking for an investor to help him get started in manufacturing these Body Tuning Tables. Actually, as with most inventors, he has many ideas for inventions swirling in his head. Michael Childress and his Body Tuning Table will be a year from now or twenty years from now? He sees applications for his device in relieving the symptoms of Alzheimer’s and Parkinson’s Disease, help in dealing with mental illness, depression, and schizophrenia. If you can change the mood of a person, help them to feel better, relieve stress and pain, whether it be a knee or the mind, you have given them a gift. Childress’ goal is to help people. Right on, Michael Childress. You are limitless within your limits. His email address is Gemstonewhisper22@gmail.com. Have a good story? Call or text Curt Swarm in Mt. Pleasant at 319-217-0526, email him at curtswarm@yahoo.com or find him on Facebook. Curt’s stories are also read at 106.3 FM in Farmington.

Lee County Health Department - 2017 FLU CLINIC SCHEDULE

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<th>Date</th>
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<td>Deer Meadow Keokuk</td>
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<td>10/24</td>
<td>Parkview Apts. West Point</td>
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Please bring your Medicare card with you to the clinic.

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Any questions please call (319)372-5225

www.leecountyhd.org

OBITUARIES

FRANCES E. BESSER

Frances E. Besser, 93, of Glendale, AZ and formerly of Ft. Madison passed on September 27, 2017 in Glendale, AZ.

She was the daughter of John and Clara Holtkamp and wife of Melvin Besser. Frances was a member of Sacred Heart Church, Altar and Rosary Society and the FMCH Auxiliary. She enjoyed playing cards with her card club of many years. Survivors include five children, Bob, Carol, Donna (Mike), Anita (Jerry) and Brenda; a brother, Clarence (Rae) Holtkamp; two sisters in law, Burnita Hammes and Burnita Besser; brother in law, Bill Joyce Hammes; numerous grandchildren and great grandchildren; several nieces and nephews. She was preceded in death by her parents, husband and an infant brother.

The funeral mass will be held at 10:30 AM on Saturday, October 7, 2017 at Sacred Heart Church with Rev. Joseph Phung officiating. The family will meet with friends from 9 AM until 10 AM at King-Lynk Funeral Home & Crematory. Burial will be in Soldier’s Circle, Oakland Cemetery.

A memorial has been established for Arc of King County of Seattle, Washington or Hospice of the Valley, Glendale, Arizona and online condolences may be left at www.kimbyrk.com.

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United Way of the Great River Region which serves Lee County in Iowa, Hancock County in Illinois and Clark County in Missouri is seeking an Executive Director to manage all aspects of a non-profit organization dedicated to improving lives in the area of health, education and financial stability.

Under the direction of the Board of Directors, the Executive Director is responsible for all administrative, fundraising, fund distribution, operations, donor and community relations of the organization. The Executive Director is also responsible for developing key external and internal collaborations, partnerships, relationships and grant writing which include the Board of Directors, community partners, leaders and staff. The Executive Director will manage full-time and part-time staff as well as multiple volunteers with various responsibilities as aligned with the UWGRR strategic plan. College degree with major in business, management or marketing is encouraged. Non-profit experience, particularly with United Way is a plus.

This is a full-time salaried position. Salary is negotiable. Benefits include vacation and sick pay. United Way of the Great River Region is an Equal Opportunity Employer.

Send letters of application and resumes to:
Pam Bierwirth, UWGRR President
pam-bierwirth@hotmail.com
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HTC goes 4-2 at Urbandale Invite; wins consolation bracket

Junior Emily Box goes over 1,000 kills in career with HTC

BY CHUCK VANDENBERG
PCC EDITOR

URBANDALE - The Holy Trinity Crusaders went into what some consider the toughest tournament of the year and came away winning the consolation bracket after going 1-2 in pool play and finishing 4-2 overall.

HTC, rated 7th in the latest Class A rankings lost to Hinton, ranked 10th in Class 2A in the first match of pool play 6-21, 13-21 before beating Des Moines Lincoln 21-8, 21-13. The Crusaders then faced tournament champion West Des Moines Valley, ranked 2nd in Class 5A, and lost 8-21, 13-21.

That would be the last time the Crusaders would lose on the day as the motored to win the consolation bracket with a win over Southeast Polk 23-25, 25-22 and 15-8 in the tiebreaker. Then HTC downed Dallas Center-Grimes 25-19, 25-16 before winning the bracket by downing Ames 25-14, 25-16.

During the Ames match, Crusaders’ junior Emily Box went over 1,000 kills for her high school career. On the day, Box had 49 kills on 119 attacks and 49 digs to lead the team. Eryn Anderson had 10 kills on 59 attacks for the day and was 40-43 serving with five aces and 35 digs.

Maya Rashid, HTC’s predominant setter had 93 assists in the day’s 13 games. She also served 39-40 with eight aces and had 31 digs.

Sam Hoenig was 45-47 serving with one ace, had 12 digs and was 4 of 21 at the net.

Taylor Boeding was 29 of 89 hitting with 21-of-25 serving and two aces. She also added 40 digs from the back row and three blocks on the day. Elyse Pothitakis was 38-40 serving with four aces and 38 digs. Madison Mohrfeld was 8 of 28 hitting and had seven digs.

The Crusaders take their 24-5 record to 5th-ranked New London (28-3) on Thursday for a key matchup with the Southeast Iowa Superconference rival.