OFP, Parson bring “Misconceptions” to life

Show kicks off this Friday, Saturday starting at 7:30 p.m.

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - It makes for ongoing laughs and the premise is as old as time itself. A group conversation goes awry as the true meaning of the issue at hand is riddled with individual misconceptions.

But in the case of the Old Fort Players’ “Misconceptions” the misguided conversation surrounds whether a woman is with child or just being a bit…. dramatic.

The two-act play opens Friday night, Feb. 16 with shows beginning at 7:30 p.m. on Friday and Saturday night. There will also be two Sunday afternoon performances on Feb. 18 and 25th beginning at 2 p.m.

Old Fort Players’ veteran Carol Parson brings a humorous childhood battle from more quiet days before the interruptions of the digital world into play. The play centers on two sisters - Dora, portrayed by Deanna Niggemeyer, a wise-cracking, instigating, but loving, sister of Claire, portrayed by Erin Thurman. Claire comes off as the long-suffering sibling who personifies the “woe-is-me” youngest child who never lives up to anyone’s expectations.

A low-grade feud erupts after a day where Dora attends a wedding and Clair attends a funeral and the rivalry is on. Niggemeyer and Thurman capture the sibling, now adult, rivalry with the typical name calling and one-upsmanship that is regularly prevalent in a traditional nuclear family.

Mom, played by Sherry Stice, throws gas on the fire, as she routinely admonishes the girls for not living up to their potential and, at the same time, accepts blames for it all for not being a good enough mother.

Dora (Deanna Niggemeyer) forces lipstick onto her sister Claire (Erin Thurman) as part of the antics of “Misconceptions” that hits the stage Friday at the Old Fort Players, 725 Avenue G in Fort Madison.

YMCA gets Kempker memorial gift

Fort Madison YMCA Executive Director Ryan Wilson and Barb Kempker, stand with a new Zwift Fitness Cycle that was purchased by the Bob Kempker Family as a memorial to his wife, Barb.

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - A donation from the family of Bob and Barb Kempker has given the Fort Madison YMCA a piece of equipment that sets it apart from other fitness centers in Southeast Iowa.

Bob Kempker, who passed away in 2010, was a big advocate for the Fort Madison YMCA and spent many mornings working out and enjoying coffee in the lobby. Barb said giving back to the YMCA would be something that her husband would be happy with.

“This is something that Bob would

See BOB KEMPKER, page 3

LADY HOUNDS OUSTED IN REGIONALS

Demons send FMHS home with 49-12 loss

BY CHUCK VANDENBERG
PCC EDITOR

WASHINGTON - In reality, the season ended for the FMHS girls basketball team about eight minutes into their regional opening 49-12 loss to Washington at Washington Wednesday night.

After committing 20 first half turnovers trying to navigate a 3/4 zone trap press, the Lady Hounds found themselves in a 33-8 hole going into the half.

The 6-15 Demons jumped out to a quick 7-0 lead, with all points coming from senior Sarah Nacos, before Hound senior Taylor Shannon hit the back end of two free throws to get Fort Madison on the board. Braxtyn McGyghy scored inside on the next possession down the floor to cut the lead to 3-9. Nacos hit her second
**FMCH staff takes heart challenge on Valentine’s Day**

Submitted article

FORT MADISON - Fort Madison Community Hospital employees are walking for Heart Health. A challenge was sent out to all FMCH employees to keep a treadmill in the Main Lobby moving for 24 hours and they stepped up to meet that challenge. Starting at 12 midnight on Valentine’s Day, February 14th, the treadmill has been whirling. Sporting red t-shirts, each employee can walk or run at their own pace in fifteen minute increments.

“We came up with this idea to promote heart health not only for our patients but for our employees as well. We are very excited that we had such strong support throughout the organization with each of our departments represented,” commented Angie Budnik, Community Relations Director at FMCH. “Heart disease affects men and women equally now and has

**IOWA LOTTERY WINNING NUMBERS**

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<thead>
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<th>Draw Days</th>
<th>Sales Cutoff Time</th>
<th>Approx Drawing Time</th>
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<td>9:38 pm</td>
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<td>Pick 4 - Wednesday</td>
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</table>

**Pen City Current encourages you to play responsibly.**

**Great River Regional Waste Authority**

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Fort Madison, IA
1-319-372-6140

Keokuk Transfer Station: 111 Carbide Lane
Keokuk, IA
1-319-524-6175

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**Things to remember in 2018 when recycling:**

- Please do not place plastic bags in recycling bins.
- Rinse & Clean all food jars and cans before placing in recycling bins.
- Flatten boxes for better storage and volume reduction. *Empty all boxes before recycling.
- Place all recyclable products loose in bins.
- Do not recycle wrapping paper.

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- Convenient Drop-Off Locations in 10 cities
- Curbside Recycling Bins are available at our Ft. Madison and Keokuk locations
- HHW Collection Available by appointment during regular business hours at our Ft. Madison and Keokuk locations

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Twenty

Celebrate

8Teen

Thank you to all of our customers who helped us reduce our environmental footprint in 2017!

Great River Regional Waste Authority is looking forward to continuing our efforts to manage our environmental footprint and help educate our communities on ways to help in 2018!

**Lotto Drawings**

2/14
37 39 44 46 69
Powerball: 26
Power Play: 2

2/14 MID-DAY
3 8 9
2/14 EVENING
3 0 2

2/14 MID-DAY
5 2 1 7
2/14 EVENING
4 2 6 3

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**FMCH CEO Jeremy Alexander takes his turn on the treadmill at FMCH’s Walk for Heart Health challenge on Valentine’s Day.**

Photo by Chuck Vandenberg/PCC
YMCA has area’s first Zwift trainer

BOB KEMPKER - Continued from Page 1

have really liked,” Barb said Wednesday. “He really enjoyed being here and in the fitness center so the family thought this would be a good way to remember him.”

Fort Madison YMCA executive director Ryan Wilson said the new Zwift Training Center is up and running in the fitness center and the Fort Madison YMCA is the only fitness center in southeast Iowa to offer the training system currently.

The bike is a Bluetooth-enabled fitness system that incorporates a large monitor. Riders can enter their name and select courses to ride and actually compete or compare themselves to other actual riders around the world, who are animated on the screen and are also working out at the same time on the same selected course.

“We’ve very thankful to the Kempker family for approving this piece of equipment for the Y,” Wilson said. “Bob used to come in most mornings and work out in the fitness center. But when we put the coffee station in the lobby, I think he might’ve been cutting his workouts a bit short to sit and enjoy the coffee and the membership.”

The equipment was purchased from Nick’s Cycling in Burlington. He said the YMCA was actually looking at a “smart” spin bike, but the technology wasn’t available for about six to eight months in the United States so they went with the Zwift.

Bob Kempker, the patriarch of the Kempker’s True Value Rental family franchise died on June 7, 2017. He was 84 years old.

OPF brings humor to the stage

OPF - Continued from Page 1

All the while, a man named Peter, portrayed by OPF vet Michael Randolph, has a longing interest in Claire, but remains aloof as a spat between Dora and Claire re-

"I really think it's one of the funniest ones we've done in a while," Parson said. "I've done a lot of plays but I just adore this one." Professional appearance, Peter gets wrapped up in the dialogue. Mom's excited that a baby may be on the way, and having always wanted a lawyer son-in-law goes over the moon for the newly arrived Peter.

It becomes laughable as the one conversation sideswipes both Mom and Peter and the hilarity builds from there.

"I read several plays and I liked that one the best. There was another one that had a lot more cast and had a lot of guys and sometimes its hard to fill those roles," Parson said she's been with OPF since 1982 and has directed a play in this slot every year since 1994.

"I've worked with all of them before, but haven't directed them all before. Mike Randolph was in a play called Natalie Needs a Nightie in 2006 and I directed him in that one. It was funny that he was a guy who dressed up as a woman in the part. So I've worked with all of them before." The play was originally written by Michael Vukadinovich. Vukadinovich was awarded the Revere Productions 2007 Next Generation Playwriting Award at just 26 years of age.

"I really think it's one of the funniest ones we've done in a while," Parson said. "I've done a lot of plays but I just adore this one."

Parson said she read several plays and settled on “Misconceptions” because of the size of cast and the humor in the writing.

"I read several plays and I liked that one the best. There was another one that had a lot more cast and had a lot of guys and sometimes its hard to fill those roles."

"I've worked with all of them before, but haven't directed them all before. Mike Randolph was in a play called Natalie Needs a Nightie in 2006 and I directed him in that one. It was funny that he was a guy who dressed up as a woman in the part. So I've worked with all of them before."

The play is sponsored by Old Fort Players, located at 725 Avenue G, and Scotts Miracle-Gro Company.

Tickets are $12 each and students under 18 can watch the production for just $8. For more information, contact 372-9559.
Fort Madison committed 13 turnovers in the first quarter alone, trying to get through the Demons press and shot 1-4 in the period to trail 3-15 at the end of the first stanza.

Sara Bernhart hit one of two free throws to start the second period and make it a 4-15 game, but then the Demons went on an 18-4 run led by Hayley Wilson's six points. Fort Madison got buckets from Shannon Taylor and freshman Nadia Guzman before the buzzer.

Fort Madison would not get on the board in the third period, while the Demons got another 3-pointer from Nacos and went 4-of-6 as a team from the free throw line. Fort Madison went 0-7 from the field while committing six more turnovers.

Katie Larson broke the ice for Fort Madison with a bucket at the 7:32 mark in the 4th period and Sara Bernhart scored on the next possession to end Fort Madison's scoring.

Shannon and Bernhart led the Hounds with three points each. Larson, McGhghy, and Boeding all had two points. Kamryn Bailey led Fort Madison with six boards on the night. Larson had three.

Head Coach Charlie Knipe said the game got out of hand quickly.

"We just never got into the flow of the game," he said, "We worked on the press the last three days for over an hour each day. But I give the Washington girls a lot of credit. They were able to hit some three pointers and I think that shook us up a bit."

He said seniors Shannon, Bailey, and Larson, despite the rough season, provided leadership for his squad.

"They're all silent leaders. Basketball isn't their choice of sport. Shannon could make it to the all-state level in soccer, Kamryn is going to college to play softball, and Katie went to state in tennis. These girls came out and helped us make a team. They played hard all year."

Knipe said the future is going to involve a lot of ball control and shooting drills.

"We're gonna take a couple weeks off and then look at getting the girls back in the gym," he said. "We're gonna starting working around things to try and get better and that's gonna involve a lot of ball control and shooting."

The Bloodhounds finish the year 1-21. They shot 25% from the field,
I. Call meeting to order and determination of a quorum
II. Recognition of guests
III. Reading of Foundation documents
IV. Monthly communications
   A. Student Rep Report – Maddie Rashid and Kylie Cashman
   B. Curriculum Corner – FMHS Bloodhound TV
   C. “Did You Know?”
   D. Superintendent Goal Report
   E. District Presentations
   F. Approve the agenda
   G. Minutes
   H. Consider approval of the following:
      1. January Balance Sheet
      2. February General Account
      3. Student Activity Report
      4. Student Activity Report
      5. Nutrition Account
      6. Consider approval of the Farm Lease – Cash Rent contract between the Fort Madison Community School District and RW Hoenig Brothers
      7. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Wrestling for the 2018-2019 school year
      8. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Girls Track and Field and the 2018-2019 school year
      9. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Boys Tennis for the 2018-2019 school year
      10. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Girls Softball
      11. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Wrestling for the 2018-2019 school year
      12. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Girls Cross Country
      13. Consider approval of the sharing agreement between FMCS&D and Holy Trinity for Girls Swimming

V. Approve the agenda
A. Minutes
B. Financial reports
C. Accounts payable
D. Superintendent Goal – Erin Slater
E. Board Secretary/Assistant Director – Richard Harmon
F. Superintendent – Erin Slater
G. Board Member Attendance
H. New Business
   1. Consider approval of the following:
      a. 507.1 – Student Health and Immunization Certificate
      b. 507.2 – Administration of Medication to Students
      c. 507.2-R – Administering Medicine to Students
      d. 507.2-E – Authorization to Administer Medication to Students
      e. 507.2-E-2 – Parental Authorization and Release Form for the Administration of Prescription Medication to Student No Revision – remove
      f. 507.3 – Communicable Diseases – Students
      g. 507.4-E-2 – Accident and First Aid Reports – Delete
      h. 507.4-R-1 – Student Accident Report Form - Recommend to add and renumber
      i. 607.2 – Student Health Services – FMCS&D
      j. 607.2-R – Administering Medicine to Students
      k. 607.2-E – Authorization
      l. 507.3– Communicable Disease
   2. Consider approval of the following:
      a. 507.4-E-2 – Accident and First Aid Reports
      b. 507.2-R – Administering Medicine to Students
      c. 507.2-E – Authorization to Administer Medication to Students
      d. 507.2-E-2 – Parental Authorization and Release Form for the Administration of Prescription Medication to Student No Revision – remove
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      u. 607.2-R – Administering Medicine to Students
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VI. Monthly communications
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      h. 607.2-R – Administering Medicine to Students
      i. 607.2-E – Authorization
      j. 607.3– Communicable Disease

VII. Action Items
A. Director of Curriculum and Student Services – Kim Harmon
B. Superintendent – Erin Slater
C. Board Secretary/Assistant Director – Richard Harmon
D. Superintendent Goal – Erin Slater
E. Board Member Attendance
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      h. 607.2-R – Administering Medicine to Students
      i. 607.2-E – Authorization
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VIII. Discussion Items
A. Director of Curriculum and Student Services – Kim Harmon
B. Superintendent – Erin Slater
C. Board Member Attendance
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      h. 607.2-R – Administering Medicine to Students
      i. 607.2-E – Authorization
      j. 607.3– Communicable Disease

IX. Adjourn
School Age Care Program Supervisor Wanted

Holy Trinity Early Childhood Center has an opening for a School Age Care Program Supervisor. This is a full-time (benefits eligible), year round position that requires the following qualifications:

- Associate’s Degree in Education or Early Childhood; Bachelor’s Degree preferred
- 2+ years experience working in a youth program or education
- Must be at least 18 years of age
- Able to pass a background check and complete training as required by Iowa DHS
- Enthusiastic and patient in working with children

Holy Trinity Early Childhood Center is also seeking substitute associates for our preschool and childcare programs.

Please contact Stefanie Drollinger at info@holytrinityfc.org or 319-372-6428 for application information.

Pen City Current

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Fort Madison, IA 52627
(319) 372-8021
info@pencitycurrent.com
www.pencitycurrent.com

## Pen City Classifieds

**PUBLIC NOTICES**

**PUBLIC NOTICE NOTICE OF PUBLIC HEARING**

Notice is hereby given that a public hearing will be held by the Fort Madison City Council at 5:30 P.M. on Tuesday, February 20, 2018, at the Council Chambers of Fort Madison City Hall at 811 Avenue E, Fort Madison concerning Public Improvement Project 2018-01, Replacement of Avenue I Bridge Over Dry Creek. The purpose of the hearing will consist of approving plans, specifications, contract documents and awarding construction contract for the project.

You may obtain further information or express your views concerning this issue either in person or through an authorized representative at the public hearing, or prior to the meeting by fax at (319) 372-8661, by telephone at (319) 372-7700 ext. 206, by E-mail at publicinfo@fortmadison-iowaco.com or in writing to the Fort Madison City Clerk, P.O. Box 240, 811 Avenue E, Fort Madison, Iowa, 52627 no later than 4:30 PM on February 20, 2018. Melinda L. Blind City Clerk

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### 5-DAY WEATHER FORECAST

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#### February is Heart Health Awareness Month

February is Heart Health Awareness month. According to the Centers for Disease Control (CDC), about 610,000 people die of heart disease in the United States every year. Heart disease is the leading cause of death for both men and women.

There are lifestyle changes you can make to decrease your risk of heart disease. The American Heart Association calls these ‘Life’s Simple 7’:

- **Get active** — try to get 150 minutes of moderate exercise a week or 75 minutes of vigorous exercise.
- **Eat better** — eat a colorful diet full of fruits, vegetables, whole grains, low-fat dairy products, poultry, fish and nuts. Try to limit sugary drinks (drink more water), fatty or processed food and your salt intake.
- **Lose weight** — maintaining a healthy weight is important for your health. Talk to your health care provider if you have concerns.
- **Control cholesterol** — cholesterol comes from two sources — your body (which makes all of the cholesterol you need) and food made from animals. Eating smart, adding color and moving more can lower your cholesterol.
- **Manage blood pressure** — stress and poor diet have both been linked to high blood pressure.
- **Reduce blood sugar** — blood glucose (aka sugar) is an important fuel for your body. It comes from the food you eat — another reason to make smart food choices.
- **Stop smoking** — not smoking is one of the best things you can do for your health. Eating right, moving more and managing your stress can all help you to stop smoking. Your health care provider can also help guide you in quitting. Along with adopting these lifestyle changes, scheduling an annual physical with your primary care provider is the first step to managing your heart health. The most common type of heart disease in the United States is coronary artery disease, which affects the blood flow to the heart and can cause a heart attack. Knowing the signs of when to seek immediate medical attention is important as well.

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- Light Rain
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  - Low: 33.4°F

**FRI 16 Feb**

- Light Snow
  - High: 20.1°F
  - Low: 4.4°F

**SAT 17 Feb**

- Light Snow
  - High: 23.6°F
  - Low: 16.3°F

**SUN 18 Feb**

- Clear Skies
  - High: 35.1°F
  - Low: 27.0°F

**MON 19 Feb**

- Light Rain
  - High: 40.8°F
  - Low: 21.2°F

---

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