FM Kiwanis to celebrate 50th on April 9

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - A Kiwanis fundraiser is being held April 9 at the Elks Lodge.

The Kiwanis are celebrating their 50th anniversary this year, and they are planning to have a fun filled evening honoring the Kiwanis club.

It was started 50 years ago by seven guys meeting at The Parthenon. Now it’s a non-profit organization that serves the children of the nation.

Rashid keeps investing in automation for patient care

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - It started when about seven guys meeting at the Lincoln Hotel started a charter effort to help “serve the children of the world!”

Only one person from that original group, retired FMHS teacher Joe Bowen, is still a chartered member, still grabs a lunch on Monday afternoon, and rolls up his sleeves to help not just local children and students, but others state and nationwide.

Bowen was the group’s fifth president in 1973 and said the club has taken a typical service club growth path into its 50th year, but it was anything but normal.

The Kiwanis, currently presided over by Fort Madison High School Principal Greg Smith, recently moved to the Palms Supper Club, after meeting for years at The Parthenon.

A 50th Anniversary celebration is set for Monday, April 9 at the Elks Club beginning with heavy appetizers and a cash bar with live music. "Obviously any previous members are welcome to come," Smith said. "We’ve invited all past board members and all local clubs - Hamilton, Mt. Pleasant, Burlington, Carthage."

Smith said he joined the group over a decade ago and it works well for him because of the commitment to children.

"I’m glad I picked Kiwanis," Smith said. "I didn’t know that much about it at first, but it’s all giving back to the kids and that’s a perfect fit for me."

Smith said there was a real solid core of veteran folks when he started, but now he’s seeing more young business professionals.

"Those are a great resource for us so if we need something we can reach out to them. And they have all of the energy, of course."

Smith said Bowen will be the speaker at the event.

Bowen said the group started with seven guys that met with sponsors from Mt. Pleasant and Burlington at the old Lincoln Hotel, where Chuong Garden is located, for two to three months and talked about getting members and writing by-laws. He said the original charter required 25 members.

"When it started, of course, it was all men, then, after the international by-laws changed, they allowed women membership. It was probably a couple years before we got women in the club but Tina Krieger and Sandy Wisehart were the two first. The group’s first female president was Debbie Miller in 2007,” Bowen said.

"He said the biggest change over the past five decades has been the impact of other time commitments on the group."

"I think the biggest trend is when we first started the club everyone was involved in the projects. You just made that commitment and you did it. Everyone is so busy today, it’s difficult to get people to join, as well as to work on projects."

The emphasis of Kiwanis locally and around the world has always been focused on children. "Our emphasis has always been on kids," he said. "The first fundraiser we did was a Mexican dinner before Mexican dinner fundraisers were popular. Then we had the Carson & Barnes circus."

Kiwanis member George Shields helps cut flowers as part of the Kiwanis’ annual fundraiser in 2017. The Kiwanis will be celebrating their 50th Anniversary on April 9 at the Elks Lodge.

Rashid, owner of Rashid Pharmacy in Fort Madison, said he made the investment in the technology because an error in pharmaceuticals is way different than an error you might see in repetitive industry.

"It’s just amazing and shocking when you look at the amount of money that is spent by re-admissions to hospitals because people aren’t taking their medications appropriately," Rashid said. "That’s called non-adherence when patients don’t take medications as directed."

Rashid referred to some eye-popping statistics about the cost and consequences of patients not taking medications as prescribed.

A 2013 Express Scripts Drug Trend Report, which indicated in the United States avoidable healthcare costs have added up to $231 billion, of which $105 billion is due to medication non-adherence, and even more shocking is a 1989 report in American Pharmacy that indicated non-adherence causes 30-50 percent of treatment failures and 125,000 deaths annually.

Rashid has been working with automated dispensing systems for close to 16 years and says it’s pretty optimal now.

"We are the only one’s in the area that have this equipment," Rashid said. "Some have tried but they can’t make it go. It’s a lot of work starting from ground zero. But we’ve been doing it for the past 16 years and we’re still learning. We’re the strongest we’ve ever been and I have the best staff I’ve ever had."

Repetitive jobs leave room for human error and Rashid said he invests in the automated equipment because an error in pharmaceuticals is way different than an error you might see in repetitive industry.
CRAIG MAURICE SNYDER

Craig Maurice Snyder, 58 of Keokuk, IA died Monday, March 26, 2018 at UnityPoint – Keokuk in Keokuk, IA. He was born December 19, 1959 in Keokuk the son of Roger and Billie Jean Snyder. Craig graduated from Keokuk High School with the Class of 1978. He was the owner and operator of Quality Electric Motors in Keokuk for many years. He was later employed by General Mills in Hannibal, MO as a maintenance mechanic. Craig enjoyed to spend time outdoors hunting and fishing. He is survived by his girlfriend of thirty years, Barbara A. Benedict of Keokuk, mother, Billie Jean Snyder of FL, three brothers, Michael Snyder (Nancy) of CO, Victor McDonald (Shelly) of FL and David Snyder of MO, one sister, Jeaneta Catterson of Joliet, IL, one niece, nephews and great-nieces and nephews. He was preceded in death by his father, and his grandparents, Neal and Annabelle Craig and Maurice and Julia Snyder. There will be no services. Vigen Memorial Home in Keokuk, IA is assisting the family with arrangements. Online condolences may be left for the family at www.vigenmemorialhome.com.

TIMOTHY LEE HENSON

Timothy Lee Henson, 46 of Keokuk died Tuesday, March 27, 2018 at Blessing Hospital in Quincy, IL. He was born July 22, 1971 in Iowa City, IA the son of Wendell and Bettye Sue Henson. He graduated from Southeastern Community College in Burlington, IA where he received his Associate of Arts degree. He was also an enthusiastic UFC fan. He is survived by his wife of thirteen years, Sheila Leffler of Keokuk. He was born July 22, 1971 in Iowa City, IA the son of Wendell and Bettye Sue Henson. He graduated from Southeastern Community College in Burlington, IA where he received his Associate of Arts degree. He was also an enthusiastic UFC fan. He is survived by his wife of thirteen years, Sheila Leffler of Keokuk. He was employed by Burrows in Ft. Madison, IA for thirteen years in the maintenance department.

FMCH to host hospice, health volunteer training

Fort Madison Community Hospital Home Health & Hospice will be holding training for Hospice Volunteers to join their newly formed care team. Individuals who are interested in working with hospice patients are encouraged to attend the training. The nine hour training program will be offered over three days, May 1st, 3rd and 7th. All sessions will be held from 6 p.m. – 9 p.m. in the Canella Conference Room in the Business Center at FMCH. Every FMCH Hospice volunteer must complete this free and comprehensive training before being assigned a volunteer job. The training will cover hospice philosophy, caring for the terminally ill, grief and loss education, health and safety precautions and working with family members.

Hospice volunteers are part of the hospice care team, filling the gap between loved ones and the professional care givers. There are many opportunities to make a difference, creating a schedule that works for you and the patients you care for; filling a role you feel comfortable including patient care, personal care, bereavement duties, spiritual care and more. Strong communication skills, a calming presence and sincere compassion are all very important skills necessary to be a successful hospice volunteer. Volunteers play a vital and necessary role in hospice care, providing a unique caring perspective.

Registration is required by April 20th, 2018 and can be completed online at www.fmchosp.com/careers. For more information or to register for the training program, contact Debbie Green, Director of FMCH Home Health & Hospice at (319) 376-2721. The FMCH Hospice program is funded by the FMCH Foundation.

Obituaries/Health News

OBITUARIES

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Bowen says Key Club one of best things club did

Past Presidents of Fort Madison Kiwanis

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Name</th>
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<tbody>
<tr>
<td>Jan.-Sept., 1969</td>
<td>Jack Norton</td>
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<tr>
<td>Oct. 2006—Sept. 2007</td>
<td>B. Miller</td>
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<td>Oct. 2010—Sept. 2011</td>
<td>S. Schmuck</td>
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<tr>
<td>Oct. 2015—Sept. 2016</td>
<td>R. Wilson</td>
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and we took the money from those and put it in an endowment and that’s how we funded the scholarships.” He said originally the scholarships were loans, but he said it was difficult to track down the students after graduating college to get the money repaid. So they went to straight scholarships. Kiwanis currently gives out three $1,000 scholarships per year, one each to a Fort Madison High School and Holy Trinity Catholic student and a member of the FMHS Key Club, which is the student arm of Kiwanis.

Bowen said Key Club chartered in 1969, but there was a hiccup in the event. “We had the charter event planned, but the manager and his wife of the hotel absconded with all the hotel’s money two days before our charter event. The cook at the hotel felt bad for us so he opened it up and we were able to have the dinner.”

“To me, and I’m a bit biased, the best thing Kiwanis ever did was start that program right away,” Bowen said. “Of course, it was all guys and they met every week and they had 25 to 30 students meet once a week after school. If you didn’t show up you didn’t stay in.”

The two largest current fundraisers are a carnation sale in the spring, which is actually taking place Friday, April 6 at Hy-Vee with pre-ordered vases being delivered that morning.

The carnations started when former president Ralph Ritter was president of the Florist Association. Those funds are shared between the Children’s Miracle Network and the Spastic Paralysis Foundation, which is the local district’s fundraising campaign.

Peanut sales are done late in the summer. Bowen said the peanut sales began with Kiwanians working street intersections.

“We were out in the middle of the street, not on the sidewalk or in front of the store. We stood out in the middle of the intersection, it was crazy. Sometimes cars would almost run over you, I can remember several times people jumping up on hoods of cars just to sell peanuts. We had a lot of fun,” he said.

One of the projects that got the local club national notoriety was the WhiteWay Project.

“We painted all the walls on the backs of the buildings white for crime prevention. That was a lot of fun, he said. “We got Key Club involved and got some national recognition. We also did the landscaping of the new YMCA and we did a lot of handicap ramps in town for residents. A lot of those are still there today. But like anything, the young people that used to do it got too old and the younger people didn’t have time and that was a project that went by the wayside.”

He said one of the best membership drives involved a live chicken.

“We had a live chicken in a cage and the chicken was given to a member who had to keep it - and keep it alive until they got a new member and then they got to choose which member got it next. We did that for about a year....and then our annual dinner that year was a chicken. But it was frozen and we couldn’t eat it. We all had a good laugh over that.”

Right now the group has about 40 members.

Kiwanis International currently stands with more than 600,000 members in more than 80 countries from around the globe. The international group was founded in 1919 by a group of Detroit businessmen.

The name “Kiwanis” was coined from an expression in an American Indian language of the Detroit area, “Nunc Kee-wanis,” which means, “we trade.” In 1920, the motto of Kiwanis became “We Build.” It remained the motto until 2005, when members voted to change it to “Serving the children of the world.” In the early years, members focused on business networking but in 1919, the organization changed its focus to service—specifically service to children.
This year, do your part to keep our environment clean, too! Here are just a few of the ways you can help:

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Great River Regional Waste Authority

FMHS senior Lorenzo Riles signs to play football for Iowa Wesleyan University in Mt. Pleasant. Photos by Chuck Vandenberg/PCC

HTC senior Brett Schneider signs her intent to run for UNI track and field, and cross country teams.

FMHS senior Sadie Smithburg signs to play softball at Southeastern Community College in the fall.

FMHS senior Treavor James-Kokjohn signs his intent to play basketball at Graceland College in Lamoni, Iowa.
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Lee County Health Department is seeking a Licensed Massage Therapist. This is a contracted position. Massage Therapist will provide the client and caregivers with massage therapy for pain relief and relaxation. Some documentation is required. Licensure is required for Iowa and Illinois, or be willing to obtain the license.

Submit resume to Margaret Cook via mail to LCHD P.O. Box 1426 Ft. Madison, IA 52656 or email cook@lccdhyd.org. Resume deadline is April 30th, 2018.

Lee County Health Department is an Equal Opportunity Employer.

PLACE YOUR AD ONLINE AT WWW.PENCITYCURRENT.COM OR CALL (319)371.4125

PUBLIC NOTICES

The Great River Regional Waste Authority is accepting bids for the mowing of its properties located at 2992 303rd Ave in Fort Madison and 111 Carbide lane in Keokuk. Bids must be received by April 2nd by 4:00 p.m. It is recommended that all bidders look at the properties before submitting their bids.

Bids shall be for mowing services, weed eating every week (Unless not recommended by GRRWA) and also spraying weeds if needed.

Bids need to be sent to: Great River Regional Waste Authority, 2092 303rd Ave. Fort Madison Iowa 52627 and to the Attention of: Wade Hamm.

HOSPICE MASSAGE THERAPIST

Lee County Health Department is seeking a Licensed Massage Therapist. This is a contracted position. Massage Therapist will provide the client and caregivers with massage therapy for pain relief and relaxation. Some documentation is required. Licensure is required for Iowa and Illinois, or be willing to obtain the license.

Submit resume to Margaret Cook via mail to LCHD P.O. Box 1426 Ft. Madison, IA 52656 or email cook@lccdhyd.org. Resume deadline is April 30th, 2018.

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- Starting pay over $21/hr with the possibility of over $25/hr within the first two years plus quarterly bonus opportunities
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- Rotating 12-hour shift schedule allows for generous days off
- High school diploma or equivalency required, trade school preferred
- Quality training provided for those willing to learn but must pass a written and practical mechanical aptitude test

If you are interested in more information about this exciting opportunity visit silgancontainers.com/careers or contact:
Tim Ewing, Plant Human Resources Manager 319-372-8491 x4760 or tewing@silgancontainers.com

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Silgan Containers is currently seeking Line Mechanics at our Ft Madison plant. This is a full time position with a very competitive benefits package.

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FMHS senior Kamryn Bailey signs to play softball at Southeastern Community College in West Burlington next year.

FMHS senior Kaleb Cresswell signs Wednesday to continue his basketball career at Graceland University in Lamoni, Iowa.

FMHS senior Amber Dilsaver inks her letter to play volleyball at Des Moines Area Community College in Des Moines in the fall.

FMHS senior Shyla Famer signs her intent to play volleyball at Southeastern Community College in West Burlington this fall.

FMHS senior Alex Gully signs his intention to play football at Iowa Western Community College in Council Bluffs this fall.

FMHS senior Leigh Johnson signs her intention to play volleyball for Simpson College in Indianola this fall.

FMHS senior Katie Larson signed her intent to play tennis at Central College in Pella.

FMHS senior Claire Mendez inks her name to the Loras Community College track and field, and cross country teams in Dubuque.
Current-Lee

West Point - HTC Bunny Hop 5K Run/Walk or 10K Run event. Saturday, March 31st beginning at the West Point Library. Registration begins at 8:00 a.m. The race begins at 9 a.m. Pre-registration before March 23rd is $20 & includes t-shirt. Registration on or after March 23rd is $25. Drinks and light snacks will be provided for participants. Medals will be awarded to 1st, 2nd, and 3rd Place finishers in each age group. Registration forms can be found here or www.holytrinityschools.org. Click here to download & print your registration form.

Glo Crazy for Education run set for April 7

Fort Madison - A 5K run/walk will be held on April 7 at Baxter Sports Complex beginning at 8 p.m. Proceeds from the event will go to the Elliott Test Kitchen in Fort Madison. The event is being put on by Fort Madison service clubs including Fort Madison Kiwanis, Lions and Rotary clubs as well as the Fort Madison High School key club. Registration can be done at www.pencycurrent.com/glo-crazy.

Lee County Bridges group to hold Keokuk community-wide meeting April 9

The steering committee is hosting the next community-wide Bridges out of Poverty training in Keokuk on April 9th from 5 p.m. to 8 p.m. at the First Lutheran Church located at 1101 Blondeau Street. The Public is invited to attend

Pen City Current will list your event in this highly visible CURRENT-LEE section in increments of 25 words for $15. Add a photo for $5. Non-profit organizations are eligible for the reduced rate of $10 per 25 words and $3 per photo. To place your listing, click here or call Lee at (319)371.4125.

Letter to the Editor

Food Pantry official thanks community for outpouring of support in time of need

Dear Editor
On behalf of the Lee County Food Bank, I want to convey my thanks for the overwhelming response from the Fort Madison community to our cry for help. Cash donations from employees of the Fort Madison Community Hospital, Wever Odd Fellows, Bear Sigma Phi, the Fort Madison Disc Golf League, the Potowonok group, many churches and individuals; food drives from the Fort Madison Cub Scout Pack #7 and The Fort Madison IEC; and food donations from the Optimists Club, Fareway, HyVee and Aldi’s. All have brought the Food Pantry back into the green and filled the shelves. We at the Food Pantry are very grateful as are the 3,700+ families we serve.

Lin Cramer, Fort Madison Food Pantry

Food Pantry

Stay Active, Stay Healthy

Is pain or injury causing you to sit on the sidelines? Let the experts in the FMCH Orthopedic clinic get you back in the game and back to living an active, healthy life.

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jobs. "Humans aren't meant to do repetitive jobs and not make mistakes," he said. "You can do that in a manufacturing environment and it's an error, but you make that mistake here and it's over. You could kill somebody."

But the equipment, which can now cost up to $350,000 for each machine, has not had an impact on jobs at the pharmacy. Rashid said he's up to more than 60 staff.

"That's just customer service and getting a person in and out of the door. We don't want them to have to wait."

He said the insurance company is now focusing on pharmacies as a way to help reduce the costs associated with non-adherence.

"We get paid more for an error, but you make that mistake here and it's over. You could kill somebody."

"Humans aren't automated yet," he said. "We get paid more for a mistake here and it's over. You could kill somebody."

"We get paid more if the person re-admits, but we can get docked the highest you can get, now we're 5-star which is the highest you can get."

In addition to traditional pill bottles, Rashid's offers different options in personalized pharmaceuticals from blister packages which are the plastic bubbles that help the pharmacist sort out your pills and can be seen from the top and dispensed in the back. They also have individually-marked strip packs that are sealed together with perforated individual packets in sequence, pre-packaged for retail customers.

A standard personalized blister pack is shown. Rashid Pharmacy is the only retail pharmacy in the area to employ such technology. Courtesy photo.

He said this helps take the brain drain from having to sort out your pills yourself and potentially make a mistake, or just having pills in a bottle in the medicine cabinet where you could miss a dose or potentially double dose. Rashid said the company has gone from filling about 70 scripts a day when his father George retired in 1994. The pharmacy, located at 2404 Avenue L, has been operating in Fort Madison for the past 60 years.

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Rashid, a graduate of Drake University, took over the pharmacy when his father George retired in 1994. The pharmacy, located at 2404 Avenue L, has been operating in Fort Madison for the past 60 years.

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He said this helps take the brain drain from having to sort out your pills yourself and potentially make a mistake, or just having pills in a bottle in the medicine cabinet where you could miss a dose or potentially double dose. Rashid said the company has gone from filling about 70 scripts a day when his father opened the business to more than 2,000 per day, incorporating the new machines and staff of 60, including eight registered pharmacists.

The pharmacy is open from 8 a.m. to 8 p.m. Monday - Friday, 8:30 to 6 p.m. Saturday, and 10 a.m. to 2 p.m. Sunday.

In addition to the retail operations, Rashid also provides pharmaceuticals to care facilities in Iowa, Illinois, and Missouri delivering prescriptions regularly to each contracted facility.

Above, are automated JVM machines that help Rashid pharmacists and techs build customer-friendly pill packaging. The packaging, such as the blister packs on the left, helps patients keep track of what medicines they have taken day to day.
Multi-platinum American rockers, HINDER, continue to drive a career of longevity that few bands achieve. Their stats resonate just that, selling over 4 million albums and 10 million singles, garnering north of 150 million video views, and passing the 100 million streams mark. Throw on top the endless energy HINDER has brought to over 15 headlining tours and you can see why they are still rocking long since their formation in 2001.

August 11th of 2017 brought another career highlight. The release of their 8th studio album, coincidentally titled THE REIGN, on The End Records/BMG. This would be their 3rd release with the New York based record label, preceded by HINDER’s first ever acoustic EP STRIPPED on May 13, 2016. Their 5th full-length studio album When The Smoke Clears entered the Billboard 200 while also claiming four other Top 10 chart positions upon its on May 12, 2015.

As one of the few rock bands to grab massive crossover success, HINDER’s 2005 debut album, Extreme Behavior, climbed to #6 on the Billboard 200 chart and was the 2nd Top Rock Album. Get Stoned would be the album’s first radio single, climbing to a #4 mainstream rock spot. What followed would end up being one of the biggest songs of the year, Lips of an Angel, which peaked within the top 10 across several Billboard singles charts, including #1 at Top 40 and Pop 100. Extreme Behavior has since been certified 3x Platinum. Their hometown inducted them into the Oklahoma Music Hall of Fame in 2007. In 2008 their EP STRIPPED on May 13, 2016. Their 5th full-length studio album When The Smoke Clears entered the Billboard 200 while also claiming four other Top 10 chart positions upon its on May 12, 2015.

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HeadFirst is a Southeast Iowa based rock band established in the mid 1990’s in Fort Madison. Defined by the shredding guitar of Fred Perry and vocal harmonies, rock solid rhythm section of Todd Hopkins and Shawn Schrepler that has fueled the band for over 20 years. Playing all the best rock from the 70’s to today, this trio will have you dancing from start to finish!

While the band is rooted in all things rock n roll you can expect the unexpected as they tap into country, hip hop, classic rock, metal, punk, electro, pop and whatever other direction they feel the party needs to go.

Over the years the band has managed to become pretty good at what they do… delivering a great show both sonically and visually while creating a party whenever they play. This band is about creating fun. Sure, you will hear blustering guitar solos, a vocal range that is unmatched and a solid rhythm section that would make AC/DC proud…but that is what you should expect from a band that has been at it for 20 years. What makes X-Krush stand out and remain in demand is that they connect with the crowd on a level that makes everyone come together as one rocking mass of fun. Whether opening for a national act, headlining a festival, playing a reception or rocking a 4 hour show in a club, X-Krush and delivers a great time...every time.

X-Krush has been the support act for the following national acts: Skid Row, Warrant, David Allan Coe, Bret Michaels, 30 Seconds to Mars, Saliva, Firehouse, Jackyl, Tone Loc, Steven Adler (of Guns N Roses), Sebastian Bach, Jesse James Dupree, Rare Earth and many more.