Dependency, obesity top county health concerns

Over 1,000 people take part in summer survey to prioritize pressing county health issues

BY CHUCK VANDENBERG
PCC EDITOR

MONTROSE - About 33 county health administrators, officials, and advocates met in Montrose Thursday afternoon to discuss the county's health priorities through 2021.

The Lee County Health Department, in conjunction with UnityPoint Health in Keokuk and Fort Madison Community Hospital, conducted the three-year assessment to identify and program for the top health-related issues facing the county.

Newly installed LCHD Director Michelle Ross said the forum is held after data has been received and processed from surveys that were distributed to county residents this summer.

"We had hoped to get about 1,000 surveys returned and we were able to get 1,050," she told the group at the Montrose Riverfront Farmer's Market building.

After going through the demographics of the study, which indicated about a 3-to-1 women to men ratio on survey respondents, Ross listed what the respondents indicated were the issues with the greatest impact on health. Forty-six percent of the respondents were between the ages of 45-64 and 93% of respondents were white. Another telling demographic was that 39% of the respondents had a household income of more than $80,000 and 56% were college grads.

The Lee County Health Department, in conjunction with Fort Madison Community Hospital and UnityPoint Health in Keokuk, for the community forum outlining the priorities of community health in Lee County for the next three years. The forum was part of three-year Community Health Needs Assessment done by the Lee County Health Department in conjunction with Fort Madison Community Hospital and UnityPoint Health in Keokuk.

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Alcohol and drug abuse was identified as the top health concern and the issue having the greatest impact on health. The other five leading health concerns in the county are obesity, mental health, cancer, diabetes, and prescription drug abuse. Twenty-five other issues were cited.

After alcohol and drug abuse on the greatest impact on health question, obesity was second followed by poor eating habits, living in poverty, being unemployed, and tobacco use were the top six. Seventeen other issues were indicated on the survey.

Emily Biddenstadt, the community outreach coordinator for LCHD then moderated a discussion among the 33 people in attendance as to what areas those in the room thought needed to be focus areas.

Those six issues were Obesity, Alcohol and Drug Dependency, Tobacco use, Mental Health, Prescription Drug abuse and teen pregnancy.

Attendees were then divided up into six groups to develop a rough idea of goals, strategies, and what

See ASSESSMENT, page 8

Sheriff issues warning about road hazards

BY CHUCK VANDENBERG
PCC EDITOR

MONTROSE - Lee County Sheriff Stacy Weber issued a warning Thursday afternoon to motorists regarding large rocks being left in the middle of Hwy 61.

Weber said he wasn’t sure if the recurring problem is an issue of vandals trying to damage cars or if

See ROCKS, page 8

FM Partners to host election debate Monday

October 8th 6-7:30 located at the Quality Inn & Suites (US Hwy 61 south).

The moderator will have a few prepared questions, but will give the public an opportunity to provide questions to the moderator for the candidates.

Doors will open at 5:30, at this time the public will have a chance to write their questions down and present to the moderator prior to the 6:00 pm start time.

The moderator will then review all questions to reduce duplication, as well as whom the question is directed towards, prior to presenting to the candidates.

The debate will be kept to an hour and a half to respect everyone’s time.

See page 7
Celebrations

Holtkamp celebrates 90th

FORT MADISON - Dorothy (Helling) Holtkamp of Fort Madison, IA will celebrate her 90th Birthday October 7 with her family. She was born on October 6, 1928 in Fort Madison. She married to Wayne Holtkamp (deceased). She has 7 children; Larry ( Ft. Madison), Jane Haessig (West Point), Becky Flick (Belleville, MD), Carol Pierce (Morning Sun), Dave (Ft. Madison), Gail (Ft. Madison) and Tom (Mt. Pleasant). Along with 18 Grandchildren and 27 Great Grandchildren.

Celebrations

Dohman, Browning wed

NEWTON - Mike Browning and Kaylin Dohman were married September 15, 2018 in Newton, Iowa. Parents of the groom are Kevin and Kim Browning of Newton. Paul and Jan Dohman of West Point, are parents of the bride.

The groom is a 2007 graduate of Newton High School and is a firefighter/paramedic for the City of Newton. The bride is a 2009 graduate of Ft. Madison High School and is employed at Skiff Medical Center in Newton.
NEOBILL

That one moment does not diminish all that he was.

shore, and in desperation, ended any hope for a future.

him in this world. In one moment, he lost sight of the

love and support from the ones who meant the most to

days. This shadow prevented him from seeing all the

down there was a shadow, an illness, that darkened his

and joy.

spending time with his children, who were his pride

recently had been creating graffiti designs and working

superhero comic books. He was a talented artist and

enjoyed music and had been the vocalist in several local

bands including Mendoza and D.O.A. Rob collected

The Current runs obituaries at no charge to funeral homes and they run the day they are
submitted in most cases. They are also run as submitted by the funeral homes.

At 4:59 a.m. on October 4th, 2018, Robert “Rob” Paul Eugene Newbill passed away.

ROBERT “ROB” PAUL EUGENE NEWBILL

was released at 4:14 a.m. on October 4th, 2018.

He was preceded in death by his maternal grandparents, Bob and Helen Anderson, and his paternal grandparents, Rozell and Mattie Person, as well as several other aunts and uncles in Tennessee and Ohio and many cousins including Gabe and Nick Payne, Hilary Henke and Clarissa Noel, his best friend Chris Symmonds, nieces, Raeanne, Kylee and Ava and great nephew Jeremia.

He was born December 12, 1985 in Keokuk, IA, the

Son of Bernard Newbill of Keokuk, his father, Bernard Newbill of Keokuk, two sisters, Brenda Scoles of Des Moines, IA and Darhonda Holmes of Jackson, TN, three brothers, Johnathan Newbill (Desiree Hopkins) of Keokuk, Jordon Newbill (Sarah) Des Moines, IA and Antonio Newbill of Sacramento, CA, two daughters, Abigail Lear of Le Mars, KS and Genevieve Droge of Keokuk, one son, Madox Newbill of Quincy, IL, his girlfriend Brook Droge of Keokuk, one step-som, Roman Logsdon of Keokuk, aunts and uncles, Kris and Sam Payne of Keokuk and Kathie and Ken Noel of Fruitland, IA and several other aunts and uncles in Tennessee and Ohio and many cousins including Gabe and Nick Payne, Hilary Henke and Clarissa Noel, his best friend Chris Symmonds, nieces, Raeanne, Kylee and Ava and great nephew Jeremiah.

He was remembered by his maternal grandparents, Bob and Helen Anderson, paternal grandparents, Rozell and Mattie Person and special friends, Kevin Kemper and Peyton Mitchell.

A gathering of Remembrance for family and friends will be held from 4-6 p.m., Monday, at the Vigen Memorial Home in Keokuk, IA. A Celebration of Life will be held following the service at V’s Restaurant and Brewpub in Keokuk for family and friends.

Memorials may be made to the family.

Online condolences may be left for the family at www.vigenmemorialhome.com.

Memorials may be made to the family.

For the Record

Fort Madison Police Report
10/03/18 - 9:31 a.m. - Fort Madison Police responded to a report of a larceny/theft in the 400 block of Avenue D.

10/03/18 - 9:45 a.m. - Fort Madison Police responded to a report of a property damage accident in the 5400 block of Avenue O.

10/03/18 - 1:17 p.m. - Fort Madison Police responded to a report of vandalism in the 2200 block of Avenue F.

10/03/18 - 6:10 p.m. - Fort Madison Police responded to a report of a burglary in the 300 block of Ninth Street.

10/03/18 - 6:17 p.m. - Fort Madison Police responded to a report of a hit and run in the 4000 block of Avenue O.

10/04/18 - 3:55 a.m. - Fort Madison Police responded to a report of a hit and run in the 1700 block of Hwy. 61.

10/04/18 - 4:50 a.m. - Lee County Sheriff’s deputies arrested Hayle Nacole Schmitz, 24, of Fort Madison in the 1700 block of Hwy. 61 in Wever on charges of driving while license revoked and unsafe approach to a stationary vehicle. She was taken to the Lee County Jail and held.

10/03/18 - 10:05 p.m. - Lee County Sheriff’s deputies arrested Shelby Kobra Kelly, 23, of Keokuk, at the Keokuk mall on a warrant for violation of probation. She was taken to the Lee County Jail and held.

10/03/18 - 7:50 p.m. - Lee County Sheriff’s deputies arrested Quinton James Leo Banes, 28, of Keokuk, at the sheriff’s office on a warrant for violation of probation. He was taken to the Lee County Jail and held.

10/03/18 - 7:30 p.m. - Lee County Sheriff’s deputies arrested Shelby Kobra Kelly, 23, of Keokuk, at the Keokuk mall on a warrant for violation of probation. She was taken to the Lee County Jail and held.

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Lee County Health Department

2018 Flu Clinic Schedule:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/8</td>
<td>West Point Public Library</td>
<td>1:00pm-3:00pm</td>
</tr>
<tr>
<td>10/9</td>
<td>Hillview Village Ft. Madison</td>
<td>10:30am-12:30pm</td>
</tr>
<tr>
<td>10/11</td>
<td>River Terrace Keokuk</td>
<td>8:30am-10:00am</td>
</tr>
<tr>
<td>10/11</td>
<td>Trinity United Methodist -Keokuk</td>
<td>Noon-4:30pm</td>
</tr>
<tr>
<td>10/15</td>
<td>Montrose Public Library</td>
<td>8:00am-11:00am</td>
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<tr>
<td>10/16</td>
<td>Hoerner YMCA Keokuk</td>
<td>8:30am-10:00am</td>
</tr>
<tr>
<td>10/17</td>
<td>Donnellson Public Library</td>
<td>11:30am-1:30pm</td>
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<tr>
<td>10/18</td>
<td>Hotel Iowa Keokuk</td>
<td>8:30am-9:30am</td>
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<tr>
<td>10/18</td>
<td>Heritage Center Keokuk</td>
<td>10:00am-Noon</td>
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<tr>
<td>10/18</td>
<td>Eagle Bluff Apts. Ft. Madison</td>
<td>9:00am-10:00am</td>
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<tr>
<td>10/23</td>
<td>Rose Michael Gardens</td>
<td>Ft. Madison</td>
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<td></td>
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<td>8:30am-10:00am</td>
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<tr>
<td>10/23</td>
<td>Parkview Apts. West Point</td>
<td>10:30am-Noon</td>
</tr>
<tr>
<td>10/25</td>
<td>LCHD (#3 John Bennett Drive) Ft.</td>
<td>Noon-5:30pm</td>
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<tr>
<td></td>
<td>Madison</td>
<td></td>
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<tr>
<td>11/1</td>
<td>McAleer Hall Fort Madison</td>
<td>10:00am-2:00pm</td>
</tr>
</tbody>
</table>

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**HOUNDS PREVIEW**

**Bloodhounds look for answers at Washington**

BY CHUCK VANDENBERG  
PCC EDITOR

**FORT MADISON** - At 2-4, the Hounds will be hard pressed to find a winning season in Head Coach Tony Shiffman's second year.

The pass-happy Bloodhounds who only have about 300 yards of rushing offense through six games, travel to Washington Friday to face a 3-3 team that probably a little better than their record indicates with losses to Oskaloosa, Solon, and Marion with combined 14-4 records.

The Bloodhounds fell to Fairfield on Friday and aside from a couple of big plays, didn't have as many snaps on the offensive side of the ball as Head Coach Tony Shiffman would have liked.

He characterized Fri-
day's loss as a "combustion." "Last week was kind of like homecoming last year (vs. Fairfield), everything that could go wrong did," Shiffman said. "It was a combustible situation that combusted for everyone involved in the program."

He said the underlying problem is still numbers because the skill positions are playing well, but the team is very thin on the line.

"A lot of it is we just don't have a burner like we had with Shane (Redd-Donald) last year and we have a thin offen-
sive line that has taken all the reps. We have some new receivers and they are playing well, but it's like a perfect storm of every-
thing right now."

Shiffman said he has nine starters and seven of them play just about every snap.

"With the exception of Lennon and A.J. (Nolting, the Bloodhound placekicker) none of them played a lot last year. Dom didn't play a lot. Shy-
mour didn't play offense last year, Trey Kuntz was a role player. They're still learning how to play foot-
ball," he said.

Washington is led by junior signal caller Luke Turner, who stepped in last year as quarterback when Ryan Reighard broke his hand. Turner also patrols the secondary for the Demons and has one pick on the year.

Turner's averaging 16 yards per reception and has thrown for more than 1,200 yards and 16 touchdowns. He's also has 396 yards on the ground and seven rushing touch-
downs, which means he's either thrown or run for every Washington off-
ensive touchdown with the exception of senior Garrett Ikerd's one rushing touchdown. Senior Cade Hennigan has been the recipient of six of Turner's scoring strikes and has 312 yards on the season.

"Turner was the QB last year when Ryan Reighard got hurt and only played de-
defense," Shiffman said. "He took over and he's a good athlete and plays safety for them, too. He handles the offense well for them, he's coach up well and knows what he's doing."

The Demons also have sophomore Treashun Wil-
liis, who leads the team in tackles with 41.5 including four for losses and a sack.

"They have some good athletes that force you into situations you don't want to be in and make you ac-
count for everyone on the field."

The Bloodhounds couldn't get much go-
ing last week offensively outside of a 55-yard jail-
break screen from senior Lennon Barker to junior

**Dennis, Lady Hounds 3rd at Centerville**

**Fort Madison Middle School teams both capture titles**

CENTERVILLE - FMHS freshman Kateylin Dennis captured third place overall at the Centerville Big Red Redette Cross Country Invitational on Tuesday, leading the Bloodhounds to a 3rd place team finish as well.

Dennis was less that a minute off the pace with a time of 21:29 on the 5K course and scored second, as front-runner J'Lyn Knutson, of Melcher-Dallas was on an incomplete team. The sophomore won the event with a time of 20:30.

Junior Anna Kester captured 12th place overall and scored 10th with a time of 22:26. Team scoring is figured by adding the place finishes for the top five runners at each school.

Other scoring runners from Fort Madison included Maddy McVey at 23:11 good for 16th. Ashlynn Haas fin-
ished at 24:11 for 29th place and Claire Hellman finished at 26th with a time of 26:54.

In the boys run, the Bloodhounds finished in fifth place as a team. Senior Dayne Cordray took 10th place with a time of 18:08 followed by sophomore Anthony Barnes at 19:09 in 24th place.

Other scoring runners for the Fort Madison included freshman Will Gager at 19:26 (36th), senior Miguel Trejo at 19:38 (41st) and sophomore Owen Kruse at 20:07 good for 49th place.

Other Hounds finishing the 5K included freshman Austin Miller 20:23, sophomore Alex Steffensmeier at 21:12 and freshman Matt Haper at 23:55.

The Fort Madison Middle School girls won the middle school run with just 42 points.

Kay Quitten, Madison Huebner and Paetyn Wiegand finished 5th-7th separated by just two seconds 10:52-
10:54 in some strong pack running in the 1.5 mile run. Emily Steffensmeier finished 10th at 11:06 and Tauren Settles rounded out the scoring runners with a 14th place finish at 11:11.

The Fort Madison Middle School boys also claimed first with a total of 86 points.

Emmett Kruse's 9:38 led a pack of Hounds that finished 10-12th including Carson Rashid 9:39 and Tate Settles 9:42. Leif Boedding and Ben Thele took 17th and 18th to round out the scoring runners for FMMS. Boeiding finished at 10:08 and Thele at 10:10.

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Next week’s agenda would be needed for a partnership to achieve the goals. “What we want to come out of today is the selection of health priorities for the next three years,” Ross said. “And we want community engagement, it can’t just be the health department and the hospitals working on this and driving it. It has to be full community engagement from organizations and partners and concerned citizens, that are willing to work on these issues and develop strategic activities that will help change some of the scary data in the community.”

She said as the taskforces are identified for each priority and work begins within each one, more stakeholders get involved with helping set the plans for each group. Ross said they will put together the results of Thursday’s forum and create a summary document of what’s going to happen and then bring stakeholders back together. “We really won’t have the plan developed until the new year, and then we have to submit that to the Iowa Department of Public Health. Then we can move forward with implementation in 2019,” she said.

Tips on boulders left on highway could trigger reward

**ROCKS** - Continued from Page 1

The following is the weekly fishing report from the Iowa Department of Natural Resources for the week ending Oct. 10, 2018.

**Big Hollow Lake**

The lake is in pretty good shape despite the weather. Not much for angler activity. Black Crappie - Fair: Pick-up a few crappies out from shore around the flooded timber in 6 to 8 feet of water. Bluegill - Fair: Starting to pick up some decent bluegills around the rip-rap around the jetties and islands and the old road bed. Muskellunge - Fair: Anglers have been catching a few muskies lately; some are getting over the 40 inch size.

**Environmental Discovery Park North Pond**

The fall trout release will be on October 27th at 10 am; 1000 trout will be released with 100 trout tagged for prizes.

**Iowa River (Columbus Junction to Mississippi River)**

The river is well above flood stage.

**Lake Beleta Deer**

The weather isn’t helping to bring the anglers out.

**Black Crappie - Fair**: Not a lot of fishing pressure so far this week. Anglers out earlier this week were trolling for crappies down the middle down by the dam with some luck. Largemouth Bass - Fair: Picking up a few bass in the more shallow water up along the rocks and gravel bottom areas.

**Lake Darling**

Water temperature has been going up and down; fishing has been doing the same. Bluegill - Good: Decent numbers of hand-sized bluegills are being caught in 5 or less feet of water. Water still hasn’t cleared up after last week’s heavy rains. So a little flash to any lure is a good thing. Black Crappie - Fair: Not much for angler activity. Black Crappie - Fair: Pick-up a few crappies out from shore around the flooded timber in 6 to 8 feet of water. Bluegill - Fair: Starting to pick up some decent bluegills around the rip-rap around the jetties and islands and the old road bed. Muskellunge - Fair: Anglers have been catching a few muskies lately; some are getting over the 40 inch size.

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