Fundraiser gives P.O.R.T. a Boooo-st

Annual event helps provide resources to stretch city’s recreational trail to FMCH

BY CHUCK VANDENBERG
PCC EDITOR

FORT MADISON - A kangaroo with a joey in its pouch, Buzz Lightyear, and a mayor dressed as a Viking, a clear nod to Norse gods of cruise lines, all took part in the fifth annual PORT Boo-Athlon fundraiser, which helps fund efforts by the group to continue with recreational trail construction on the city’s west end.

Rachel Benda, the chairman of the PORT group said the community has been the catalyst for the group’s success.

“This year featured 128 runners and several bike riders. The runners ran the 5K run along the Fort Madison Middle School ending and starting at the Baxter Sports Complex.

Bike riders ran a course from the sports complex up Bluff Road and over to 24th Street, down to Avenue E and east to Lincoln, where they turned around and rode the same course back to 48th where they continued on Bluff Road to Hwy 2 and turned around and rode back to the Baxter complex.

Amanda Alexander, one of the organizers, said 128 runners registered this year which is up about 10 from 2017.

Supporters of the PORT recreational trail committee take off on the fifth annual Booo-Athlon on Saturday morning. 128 runners and several bikers competed in the 5K Fun Run/10-mile bicycle race that began at Baxter Sports Complex.

“We had an increase over last year, which was great,” Benda said. “Great weather, same great sponsors supporting us which is amazing. This is our fifth Annual event helps provide resources to stretch city’s recreational trail to FMCH."
Fort Madison Police Department Report
10/18/2018 - 5:11 p.m - Fort Madison Police responded to a report of larceny/theft in the 400 block of 23rd St.
10/18/2018 - 5:11 p.m - Fort Madison Police responded to a report of a stolen bicycle at the intersection of the 2300 block of Ave. H and the 1200 block of 25th St.
10/19/2018 - 5:02 p.m - Fort Madison Police responded to a report of a hit and run in the 100 block of Richards Drive.
10/19/2018 - 2:34 p.m - Fort Madison Police responded to a report of a property damage accident in the 2400 block of Ave. L.
10/20/2018 - 9:28 p.m - Fort Madison Police responded to a report of larceny/theft in the 2500 block of Ave. L.
10/20/2018 - 10:29 a.m - Fort Madison Police responded to a report of a property damage accident in the 4500 block of Ave. O.
10/20/2018 - 10:55 a.m - Fort Madison Police responded to a report of larceny/theft in the 1500 block of Ave. L.
10/22/2018 - 11:25 a.m - Fort Madison Police responded to a report of larceny/theft in the 2700 block of Ave. L.
10/22/2018 - 10:01 p.m - Fort Madison Police responded to a report of larceny/theft in the 2200 block of Ave. F.
10/22/2018 - 4:57 p.m - Fort Madison Police responded to a report of larceny/theft in the 2400 block of Ave. H.
10/22/2018 - 6:47 p.m - Fort Madison Police responded to a report of larceny/theft in the 2500 block of Ave. L.
10/22/2018 - 6:41 p.m - Fort Madison Police responded to a report of a property damage accident in the 2600 block of Ave. L.
10/22/2018 - 4:34 p.m - Fort Madison Police responded to a report of a property damage accident in the 4500 block of Ave. O.
10/22/2018 - 11:31 a.m - Fort Madison Police responded to a report of larceny/theft in the 2400 block of Ave. O.
10/22/2018 - 10:01 p.m - Fort Madison Police responded to a report of a property damage accident in the 2600 block of Ave. L.
10/22/2018 - 10:27 a.m - Fort Madison Police responded to a report of larceny/theft in the 800 block of Ave. E.
10/22/2018 - 10:34 a.m - Fort Madison Police responded to a report of larceny/theft in the 2500 block of Ave. L.
10/22/2018 - 10:20 a.m - Fort Madison Police responded to a report of a property damage accident in the 4600 block of Ave. J.
10/22/2018 - 11:25 a.m - Fort Madison Police responded to a report of larceny/theft in the 4500 block of Ave. O.
10/22/2018 - 10:01 a.m - Fort Madison Police responded to a report of larceny/theft in the 400 block of Ave. H.
10/22/2018 - 10:51 a.m - Fort Madison Police responded to a report of larceny/theft in the 3000 block of Ave. J.
10/22/2018 - 3:49 p.m - Fort Madison Police responded to a report of larceny/theft in the 2400 block of Ave. H.
10/22/2018 - 8:53 a.m - Fort Madison Police responded to a report of larceny/theft in the 2300 block of Ave. L.
10/22/2018 - 11:31 a.m - Fort Madison Police responded to a report of larceny/theft in the 2500 block of Ave. L.
10/22/2018 - 9:28 p.m - Fort Madison Police responded to a report of larceny/theft in the 5400 block of Ave. O.
10/22/2018 - 11:26 a.m - Fort Madison Police responded to a report of larceny/theft in the 1500 block of Ave. L.
10/22/2018 - 6:41 p.m - Fort Madison Police responded to a report of a property damage accident in the 100 block of Ave. L.
10/22/2018 - 9:28 p.m - Fort Madison Police responded to a report of a property damage accident in the 4500 block of Ave. O.
10/22/2018 - 10:20 a.m - Fort Madison Police responded to a report of a property damage accident in the 5400 block of Ave. O.
10/22/2018 - 11:31 a.m - Fort Madison Police responded to a report of larceny/theft in the 2400 block of Ave. O.
10/22/2018 - 10:27 a.m - Fort Madison Police responded to a report of larceny/theft in the 3000 block of Ave. J.
10/22/2018 - 3:49 p.m - Fort Madison Police responded to a report of larceny/theft in the 2400 block of Ave. H.
10/22/2018 - 4:57 p.m - Fort Madison Police responded to a report of larceny/theft in the 2500 block of Ave. L.
10/22/2018 - 2:15 a.m - Jason Paul Thurman, 36, of Fort Madison, was arrested in the 1500 block of 20th St. on a warrant service for violation of court order (carrying weapons) and driving under suspension. He was taken to the Des Moines County Jail.
10/22/2018 - 11:50 a.m - Fort Madison Police responded to a report of a person/vehicle accident in the 1800 block of Ave. H.
10/22/2018 - 2:38 p.m - Fort Madison Police responded to a report of a burglary in the 3000 block of Ave. N.
10/22/2018 - 9:12 p.m - Fort Madison Police responded to a report of larceny/theft in the 600 block of Ave. G.

Lee County Sheriff’s Department Report
10/23/2018 - 10:44 a.m - Lee County Sheriff’s deputies arrested Joshua Wayne James, 35, of Burlington, at the Sheriff’s office, on a warrant for forgery-felony. She was taken to Lee County Jail and held.
10/23/2018 - 10:23 p.m - Lee County Sheriff’s deputies arrested Kristen Jane Marie Bushinger, 18, of Fort Madison, in the 1600 block of Green Bay Rd., on a charge of possession of drug paraphernalia. She was taken to Lee County Jail and held.
10/23/2018 - 6:03 a.m - Lee County Sheriff’s deputies arrested William Jay Jr. Kirchner, 26, of Burlington, at the Sheriff’s office, on a warrant for failure to appear. He was held at the Lee County Jail.
10/24/2018 - 9:12 p.m -Fort Madison Police responded to a report of a hit and run in the 100 block of Richards Drive.
10/24/2018 - 8:25 a.m - Lee County Sheriff’s deputies arrested Shelly Louise Martinson, 33, of West Point, at the intersection of 5th and Exchange St., on a charge of driving while barred. She was taken to Lee County Jail and released upon recognition.
10/24/2018 - 12:03 p.m - Lee County Sheriff’s deputies arrested April Lee Jacobson, 50, of Keokuk, in the 2700 block of 340th St., on a warrant of forgery-felony. She was taken to Lee County Jail and held.
10/24/2018 - 3:23 p.m - Lee County Sheriff’s deputies arrested Kiersten Jade Marie Boshunt, 18, of Fort Madison, in the 1600 block of Green Bay Rd., on a charge of possession of drug paraphernalia. She was taken to Lee County Jail and held.
10/25/2018 - 6:03 a.m - Lee County Sheriff’s deputies arrested Donald Thomas, 47, of Burlington, at the Sheriff’s office, on a warrant for failing to appear. He was held at the Lee County Jail.

For the Record

Got a news tip? Call Chuck (319)371.1670

Pen City Current
Founded in 2016
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P.O.R.T Phase three could turn into two parts

BOOOO-ST - Continued from Page 1

year and hopefully next year we’ll run on the third phase, which will be exciting.”

She said the committee will go out for bids for the third phase, which will connect the end of the second phase on 48th Street and run to the pond trail at Fort Madison Community Hospital. Benda said a tentative schedule would have the work being done before winter next year.

“That’s the goal and hopefully that still happens,” she said.

She said the committee has the majority of the money they need to finish the third phase. She said Wellmark donated $100,000 in a grant conditioned upon a match of $100,000, which the committee got from the Southeast Iowa Regional Riverboat Commission. They also got a $280,000 Transportation Alternative Program grant and a $91,000 state trail grant.

The third phase will have some wetlands mitigation and then the committee wants to put in some safety mechanisms at the street crossing at the end of Phase 2 crossing 48th Street. The path also has nothing on 48th Street coming from Bluff Road to the middle school entrance so they’d like to work down from Bluff Road to the middle school.

“While we still have the work out there, it’s all still there,” she said.

“We’d really like to get something started. Hopefully we can work with the school cause there’s nothing there right now. That may be in the plans and maybe a portion where we get some support. We’ve had other businesses and large industries come to us and say they want to help so we want to find a way to keep that momentum going,” Benda said.

She said the group is also working with the current effort underway to look at trails, bike trails, and water trails in southeast Iowa, western Illinois, and northeastern Missouri. She said it would be wonderful to get the path connected with Montrose, and other areas close to that community.

“We’re not done, we’re thinking that way. We’re also thinking big picture it would great if we go to Montrose and Keokuk could come to Montrose we’d have a whole path there. We could go to (Lake) Geode or we could go Burling- ton, it’s all still there,” she said.

Colleen “Collie” R. Morrissey


Survivors include one daughter, Brianne (Travis) Johnson of Os- kalooa, IA; four grandchildren, Tyler, Isaac, Caroline, and Gideon; two sisters, Regina Morrissey of Lakewood, CO and Peggy Schneider of Iowa City; one brother, Patrick Morrissey of Cedar Rapids, many nieces, nephews, cousins and friends.

She was preceded in death by her parents. Colleen graduated from Fort Madison Community High School. She married Dennis Stephenson in 1977, they later divorced. She was Part Owner & Secretary/Treasurer of Truck Repair Inc. in Fort Madison for many years.

She was a board member of Peer Action Disability Support (PADS) in Cedar Rapids and volunteered with many other organizations.

She loved reading, Willie Nelson and her dogs. Her generous spirit will be missed by many.

A private service will be held at a later date. To honor Colleen, please make a donation to your local animal shelter or PADS, P.O. Box 883, Cedar Rapids, IA 52406-0883.

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<th>Approx Drawing Time</th>
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Pen City Current encourages you to play responsibly.
Lee County Health Department
Final 2018 Flu Clinic:

Please bring Medicare card to clinic
Private Pay cost $25

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HELLIGE - Continued from Page 1

definitely helped.”
He said next year's plan is to just keep improving on his time and place and maybe integrate a few more miles into the training routine as he ramps up his performance with college just a year and a half away. Hellige said he wants to run at college.
Mohrfeld said this year's training plan was strong and Hellige executed well in the run.
“He said he definitely wants to run in college,” Mohrfeld said. “So we're gonna bring his miles up next year and we'll probably talk to a couple perspective college programs and overlay that so he has a nice transition going forward.”
Hellige's dad, John, who's also HTC's head boys basketball coach, said his son ran a good race.
“I thought he ran a really good race. This year he had a much more strategic approach,” John said. “That's a result of maturity and coaching, and he spent a week at a cross-country camp this last summer at Wartburg, which I thought was a real difference maker. He was around a lot of high school kids who like to run and learned a lot of mental preparation for racing.”
With about 150 Class 1A schools represented at Saturday's final race of the year, John Hellige said his son is just about at the top level in the state.
“He's in the top three to five in southeast Iowa. When you get here you got the best of 150 schools and if you finish in the top 50 you're pretty much the cream of the crop and we hope to keep cutting this in half each year.”

HTC junior Matt Hellige gets a hug from his dad, John, at the finish chute at the end of Saturday’s Class 1A state run at Fort Dodge. Hellige finished 58th out of 150 runners.

Holy Trinity’s Matt Hellige is surrounded by four Saint Albert runners at the start of the Class 1A boys state cross-country run Saturday.
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HELP WANTED

LCHD Maternal Child and Adolescent Health Program Coordinator

Lee County Health Department is seeking a Full-Time Iowa Licensed Registered Nurse (Bachelor Degree preferred) for the MCAH program. Responsibilities will include health education, nursing, case management & health promotion services with pregnant women & children in service area. Ability to document and complete timely data entries into a web-based computer program is necessary. If interested send resume to Becky Worster, Community Health & Nursing Program Director at LCHD PO Box 1426 #3 John Bennett Dr, Ft. Madison, IA 52627 or email to bworster@leecountyhsd.org by Oct. 29. LCHD is an EOE.

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Great River Regional Waste Authority now has a new sharps disposal bin at the Fort Madison facility. Making disposal easy for our customers and allowing safer handling for our employees. A similar sharps disposal bin will soon be available at our Keokuk Transfer Station.

The health and safety of our staff and our community members is of the utmost importance and we urge our residents to use regulated containers specifically made for sharps. Empty Sharps containers can be obtained in the at both the Fort Madison and Keokuk facilities.

For the safety of everyone involved, please do not place plastic jugs or bottles containing sharps in your recycling tote or in any non-designated bin at our drop off sites.
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Lee County Sheriff’s Safe Trick or Treat
The Lee County Sheriff’s Department will host a safe Trick or Treat at the sheriff’s office from 5 to 7 p.m. on Monday, Oct. 29.

Fort Madison Beggar’s Night
The Fort Madison Public Library will be the site of a Haunted House from 3:45 to 5:45 p.m. on Oct. 30 hosted by the Anime Club and Thursday Crafters.

19th Street Trick or Treat
Kempker’s, Eatery, Hall’s Ice Cream, Holtkamp’s and New Dimensions will host a Beggar’s Night from 5 p.m. to 7 p.m., Tuesday, October 30 at 19th Street and Avenue H. Beggars will be treated to a hot dog, drink and candy.

Old Settler’s 3rd annual Trick or Treat or Treat
The Old Settlers Association is once again holding a lighted, safe Trick or Treat night at Old Settler’s Park on 4th Street and Avenue E from 5 to 7 p.m. A light supper is provided by Fraise Auction & Real Estate. Contact Sheryl at 372-7813 on reserving a table.

Young Professionals Food Drive
The Fort Madison Young Professionals will host a food drive on Nov. 1 at Kinnick South from 5 to 7 p.m. to help bolster supplies at the Fort Madison Food Pantry. Non-perishable food items, toiletries and monetary donations will be accepted.

P.A.W. Taco Supper Fundraiser
P.A.W. Animal Shelter will be holding a taco supper fundraiser at Sunny-Brook, 5025 River Valley Road from 11:30 a.m. to 1 p.m., Friday, November 2. All meals include two fried soft tacos, spanish rice and a cookie. For orders of 10 or more call 24 hours in advance at 319-372-8611. $6 dine-in or carry out, $8 for delivery.

Veteran’s Breakfast at Sunnybrook
Each month on the third Tuesday of the month, Sunnybrook Assisted Living hosts a Veteran’s Breakfast from 7 a.m. to 9 a.m. at 5025 River Valley Road in Fort Madison.

Pen City Current will list your event in this highly visible CURRENT-LEE section in increments of 25 words for $15. Add a photo for $5. Non-profit organizations are eligible for the reduced rate of $10 per 25 words and $3 per photo. To place your listing, click here or call Lee at (319)371.4125.

5-DAY WEATHER FORECAST
SUN 28 Oct
Clear Skies
High – 55.8º F | Low – 38.1º F

MON 29 Oct
Mostly Sunny
High– 60.3º F | Low – 56.3º F

TUE 30 Oct
Clear Skies
High– 56.6º F | Low – 41.1º F

WED 31 Oct
Clear Skies
High – 56.5º F | Low – 40.0º F

THU 01 Nov
Light Rain
High– 52.1º F | Low – 40.4º F

OpenWeatherMap
Halloween is an exciting time of year for kids, and to help them have a safe holiday, here are some tips from the American Academy of Pediatrics (AAP). Feel free to excerpt these tips or use them in their entirety for any print or broadcast story, with acknowledgment of source.

ALL DRESSED UP:

Plan costumes that are bright and reflective. Make sure that shoes fit well and that costumes are short enough to prevent tripping, entanglement or contact with flame.

Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility.

Because masks can limit or block eyesight, consider non-toxic makeup and decorative hats as safer alternatives. Hats should fit properly so they don’t slide over eyes. Makeup should be tested ahead of time on a small patch of skin to make sure there are no unpleasant surprises on the big day.

When shopping for costumes, wigs and accessories, look for and purchase those with a label clearly indicating they are flame resistant.

If a sword, cane, or stick is a part of your child’s costume, make sure it is not sharp or long. A child may be easily hurt by these accessories if he stumbles or trips.

Do not use decorative contact lenses. While the packaging on decorative lenses will often make claims such as “one size fits all,” or “no need to see an eye specialist,” using decorative contact lenses without a prescription is both dangerous and illegal. This can cause pain, inflammation, and serious eye disorders and infections, which may lead to permanent vision loss.

Review with children how to call 9-1-1 (or their local emergency number) if they ever have an emergency or become lost.

HAPPYHALLOWEEN

Small children should never carve pumpkins. Children can draw a face with markers. Then parents can do the cutting.

Consider using a flashlight or glow stick instead of a candle to light your pumpkin. If you do use a candle, a votive candle is safest.

Candlelit pumpkins should be placed on a sturdy table, away from curtains and other flammable objects, and not on a porch or any path where visitors may pass close by. They should never be left unattended.

HOME SAFE HOME:

To keep homes safe for visiting trick-or-treaters, parents should remove from the porch and front yard anything a child could trip over such as garden hoses, toys, bikes and lawn decorations.

Parents should check outdoor lights and replace burned-out bulbs.

Wet leaves or snow should be swept from sidewalks and steps.

Restrain pets so they do not inadvertently jump on or bite a trick-or-treater or run away.

ON THE TRICK-OR-TREAT TRAIL:

A parent or responsible adult should always accompany young children on their neighborhood rounds.

Have flashlights with fresh batteries for all children and their escorts. If your older children are going alone, plan and review the route that is acceptable to you. Agree on a specific time when they should return home. Only go to homes with a porch light on and never enter a home or car for a treat.

Because the most common injuries to children on Halloween, remind Trick-or-Treaters:

Stay in a group and communicate Happy Halloween.

These Halloween safety tips are brought to you by these community-minded sponsors and Pen City Current.
Carry a cellphone for quick communication.

Remain on well-lit streets and always use the sidewalk.

If no sidewalk is available, walk at the far edge of the roadway facing traffic.

Never cut across yards or use alleys.

Only cross the street as a group in established crosswalks (as recognized by local custom). Never cross between parked cars or out of driveways.

Don't assume the right of way.

Motorists may have trouble seeing Trick-or-Treaters. Just because one car stops, doesn't mean others will!

Law enforcement authorities should be notified immediately of any suspicious or unlawful activity.

HEALTHY HALLOWEEN:
A good meal prior to parties and trick-or-treating will discourage youngsters from filling up on Halloween treats.

Consider purchasing non-food treats for those who visit your home, such as coloring books or pens and pencils.

Wait until children are home to sort and check treats. Though tampering is rare, a responsible adult should closely examine all treats and throw away any spoiled, unwrapped or suspicious items.

Try to ration treats for the days and weeks following Halloween.

HALLOWEEN AND FOOD ALLERGIES:
Halloween can be tricky for children with food allergies. It’s important that parents closely examine Halloween candy to avoid a potentially life-threatening reaction:

Always read the ingredient label on treats. Many popular Halloween candies contain some of the most common allergens, such as peanuts or tree nuts, milk, egg, soy or wheat.

If the ingredients aren't listed, arrange for a treat “exchange” with classmates or friends. Or, bag up the goodies your child can't eat because of an allergy and leave them with a note asking the “Treat Fairy” to swap them for a prize.

Be aware that even if they are not listed on the ingredient label, candy is at high risk of containing trace amounts of common allergy triggers, because factories often produce many different products. Also, “fun size” or miniature candies may have different ingredients or be made on different equipment than the regular size candies, meaning that brands your child previously ate without problems could cause a reaction.

Teach your child to politely turn down home-baked items such as cupcakes and brownies, and never to taste or share another child’s food.

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